

TITAN 5K ALL-TIME TOP TIMES

***Top Times are comprised of all winners and anyone who has run faster than our slowest winning time.**

2013-2018: Course A was used / 2019-2023: Course B (slight change) was used

2024-25: course at Winnebago County Park

MALE: TOP TIMES AND CHAMPIONS

***denotes champion**

- 1) Joe Zack: 14:48.35 (2021) *
- 2) Joe Zack: 15:08.11 (2022) *
- 3) Anthony Cass: 15:13.60 (2014) *
- 4) Cameron Cullen: 15:14.80 (2025)*
- 5) Paul Van Grinsven: 15:16.51 (2014)
- 6) Joe Kehoe: 15:17.23 (2023) *
- 7) Erik Hofferber: 15:17.52 (2013) *
- 8) John Dewitt: 15:17.82 (2015) *
- 9) John Dewitt: 15:22.09 (2023)
- 10) Derek Johnsrud: 15:24.07 (2015)
- 11) Alan Webb: 15:25.34 (2014)
- 12) Derek Johnsrud: 15:25.83 (2019) *
- 13) Cael Grotenhuis: 15:26.02 (2021)
- 14) Derek Johnsrud: 15:29.34 (2016) *
- 15) Joe Zack: 15:31.48 (2023)
- 16) Cody Chadwick: 15:31.85 (2019)
- 17) Jason Ford: 15:33.77 (2022)
- 18) Cameron Cullen: 15:34.03 (2024)*
- 19) Jordan Carpenter: 15:34.42 (2013)
- T20) Sean Kutz: 15:34.91 (2017) *
- T20) Lucas Florsheim: 15:34.91 (2021)
- 22) Andrew George: 15:35.50 (2019)
- 23) Derek Johnsrud: 15:36.37 (2018) *

FEMALE: TOP TIMES AND CHAMPIONS

***denotes champion**

- 1) Cheyenne Moore: 16:37.31 (2021) *
- 2) Kathy VanDehy: 17:05.68 (2023) *
- 3) Marya Hauer: 17:07.5 (2025)*
- 4) Cheyenne Moore: 17:09.13 (2023)
- 5) Cheyenne Moore: 17:11.03 (2022) *
- 6) Cheyenne Moore: 17:35.41 (2024)*
- 7) Cheyenne Moore: 17:36.14 (2019) *
- 8) Julia Webb: 17:42.83 (2014) *
- 9) Jennifer Parker: 17:47.00 (2015) *
- 10) Cheyenne Moore: 17:53.1 (2025)
- 11) Kathleen Thorn: 18:16.94 (2015)
- 12) Alison Parker: 18:19.10 (2014)
- 13) Erin Moldenhauer: 18:30.43 (2023)
- 14) Cookie (SamZ) Monsta: 18:31.2 (2025)
- 15) Jennifer Parker: 18:34.87 (2014)
- 16) Gabi Zielinski: 18:40.66 (2023)
- 17) Cheyenne Moore: 18:42.02 (2018) *
- 18) Laura Schmitz: 18:44.11 (2016) *
- 19) Laura Schmitz: 18:48.80 (2019)
- 20) Ashton Keene: 18:51.44 (2021)
- 21) Erica Munyan: 18:53.99 (2017) *
- 22) Erin Moldenhauer: 18:56.94 (2022)
- 23) Elizabeth Reddeman: 19:01.37 (2021)
- 24) Sarah Mahaney: 19:02.07 (2022)
- 25) McKenzie Kelly: 19:03.46 (2018)
- 26) Ashton Keene: 19:04.00 (2025)
- 27) Amelia Lehman: 19:08.08 (2024)
- 28) April Hanson: 19:19.76 (2015)
- 29) Jamie Catania: 19:20.00 (2025)
- 30) Delilah Hedden: 19:20.00 (2025)
- 31) McKenzie Kelly: 19:24.01 (2013) *

TITAN 5K AGE GROUP RECORDS:

*The times below are the single fastest time recorded in each age group.

MALE AGE GROUP RECORDS

Male 14 and under: Jay Weber: 17:56.83 (2024)

Male 15-18: Cael Grotenhuis: 15:26.02 (2021)

Male 19-24: Anthony Cass: 15:13.60 (2014)

Male 25-29: Joe Zack: 14:48.35 (2021)

Male 30-34: John Dewitt: 15:22.09 (2023)

Male 35-39: Tyler Morey: 16:06.16 (2023)

Male 40-44: Jason Ryf: 16:13.99 (2013)

Male 45-49: Gary Nettekoven: 18:35.77 (2014)

Male 50-54: Jason Ryf: 17:02.38 (2024)

Male 55-59: Steve Soukop: 19:39.52 (2014)

Male 60-69: John Zupanc: 19:35.30 (2013)

Male 70 and up: John Zupanc: 23:55:57 (2023)

FEMALE AGE GROUP RECORDS

Female 14 and under: Cookie (SamZ) Monsta: 18:31.2 (2025)

Female 15-18: Jennifer Parker: 18:34.87 (2014)

Female 19-24: Cheyenne Moore: 16:37.31 (2021)

Female 25-29: Kathy VanDehy: 17:05.68 (2023)

Female 30-34: Marya Hauer: 17:07.5 (2025)

Female 35-39: Laura Schmitz: 18:48.80 (2019)

Female 40-44: Erin Moldenhauer: 18:30.43 (2023)

Female 45-49: Polly Moore: 20:34.67 (2015)

Female 50-54: Kathleen Busse: 20:54.36 (2019)

Female 55-59: Mary Gellerup Bolich: 22:42.53 (2022)

Female 60-69: Mary Gellerup Bolich: 22:52:42 (2023)

Female 70 and up: Patty Lynch: 27:11.27 (2021)