

TITAN 5K REGISTRATION FORM: 2017

Hosted by UW Oshkosh Cross Country Teams – www.UWOTitan5k.com

This event will raise money to support *4 South Sudan*, a non-profit organization whose mission is to provide clean water, education, health care, and nutritional needs to the most vulnerable people in South Sudan. This organization is supported by Lopez Lomong, American Track & Field Olympian and flag bearer in the 2012 Summer Olympic Games. To learn more, please visit this website: <http://www.lopezlomong.com/lopez-lomong-foundation.html>

In the past four years, we have donated proceeds to support victims of Human Trafficking and to support people who live with Down Syndrome. Visit our website to learn more about all the organizations the Titan 5k supports. **Please visit our website for more details, information, and for online registration: www.UWOTitan5k.com**

Where and When:

Menominee Park: Oshkosh, WI

Saturday, August 5, 2017

8:45 a.m. 5K Run/Walk

10:00am Kiddy Quarter (400m)

*children ages 10 and under

Entry Fee:

\$15.00 Early Registration until July 25

Mail in registrations must be postmarked by July 25

\$20.00 Registration after July 25

Free Kiddy Quarter for children ages 10 and under

Packet Pickup/Race Day Registration

Registration & Packet Pickup 7:15 - 8:25 AM

Race Day Registration is Available: \$20

Tshirts guaranteed to Early Registrants (postmarked or online by 7/24/2017)

Awards:

Top 3 finishers in each age group men and women:

14 and under / 15-18 / 19-24 / 25-29 / 30-34 / 35-39 /

40-44 / 45-49 / 50-54 / 55-59 / 60-69 / 70+

*age groups are tentative—others will be added
if registration numbers merit it.

All children in Kiddy Quarter will receive a prize

Registration Form and More Info

Mail Paper Entry Forms To:

Eamon McKenna

UW Oshkosh: Kolf Sports Center

800 Algoma Blvd

Oshkosh, WI 54901

Make Checks Out To: UW Oshkosh Cross Country

-----cut here

First Name: _____ Last Name: _____ Address: _____

City: _____ State: _____ Zip: _____ Gender (circle): Male Female

Age (as of August 5): _____ T-Shirt Size (circle): Youth L S M L XL XXL

of kids participating in the Kiddy Quarter (10 and under): _____

I know that participating in a road race is a potentially hazardous activity. I should not enter an event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the event. I assume all risks associated with participating in this event, including, but not limited to, falls, contact with other participants, the effects of the weather (including high heat and/or humidity), traffic, and the conditions of the road, with all such risks being known and appreciated by me. Having read this waiver, knowing these facts, and in consideration of you accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the director of this race, the UW Oshkosh cross country teams, the University of Wisconsin Oshkosh, the city of Oshkosh, the state of Wisconsin and all other sponsors, including their representatives and successors, from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. (Parents also sign below if you have kids participating in the Kiddy Quarter)

Participant's Signature: _____ Date: _____

Parent or Legal Guardian Signature (if participant is under 18 years of age): _____
Date: _____

IMPORTANT UW OSHKOSH DATES SUMMER 2017

UW Oshkosh Green Lake Cross Country Camp: July 16-20

UW Oshkosh Throws Clinic: July 21-23

UW Oshkosh Hurdle Clinic: July 22

UW Oshkosh Pole Vault Clinic: July 22

UW Oshkosh Jumps Clinic (HJ, LJ, TJ): July 22-23

Titan 5K Charity Run/Walk hosted by UW Oshkosh: August 5